



THE LEADER

Vol. 38, No. 27

Grand Forks Air Force Base, N.D. ♦ www.grandforks.af.mil

July 11, 2003

Aiming high

Air traffic controllers
keep their eyes to
the sky

- See Pages 12-13 for more

Photo by Senior Airman Joshua Moshier

319th Air Refueling Wing ♦ Winners of the Air Force Outstanding Unit Award (July 2000 to June 2002)

Inside: Air Force
Honor
Guard visits
Monday

Page 3



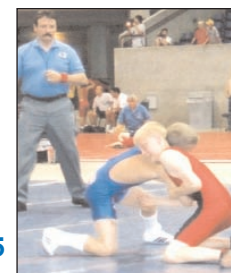
On the road
with a
military
family

Pages 10-11



Youth
wrestlers
win big

Pages 14-15



Weekend weather

Today	58/52	partly cloudy
Friday	78/55	partly cloudy
Saturday	85/62	partly cloudy
Sunday	78/62	partly cloudy



Weather information courtesy
319th Operations Support Squadron weather flight

200,000 parents receive pins

By Master Sgt. Scott Elliott
Air Force Print News

WASHINGTON - Your Guardians of Freedom, the Air Force's grass-roots outreach information and recognition program, has touched the lives of more than 200,000 parents of airmen, a Pentagon official has announced.

The program began in 2002 as a way for Air Force leaders to personally recognize the employers of reservists and guardsmen who were called to active duty to support operations Noble Eagle and Enduring Freedom.

Employers who were nominated by their airmen employees received lapel pins emblazoned with the Air Force logo and the letter "E," and a personal letter signed by the Air Force's senior leaders.

The recognition program expanded in May to include parents. Nominated parents received a letter and lapel pin with the letter "P." All active-duty, Air National Guard and Reserve airmen may participate in the program, officials said.

About 110,000 of the nearly 590,000 uniformed airmen have nominated their parents for recognition, according to Brig. Gen. Ed Tonini, program director.

"That's a huge number," he said. "We've gotten an exceptional reaction to the program from the individual airmen and incredibly emotional responses from their parents when they've received their letters and pins."

The general said the program was so well received in its first few days that technical overload initially hampered the project.

"There was such an onslaught of people signing up,

so we had some problems," he said. "We jammed the Website to where it was virtually impossible to get in."

The program also endured a short-lived identity problem, where some airmen mistakenly thought the program was a fraud because of its dot-com Web address.

"We are 'non-standard' in many ways,"

Gen. Tonini said. "The standard Web sites people in the military are used to dealing with for official business is dot-mil, and we're dot-com."

"A lot of people thought this was a hoax, so we had to throw water on that fire quickly. This program has both the endorsement and full support of the secretary and chief of staff."

Gen. Tonini brought a network administrator, Senior Master Sgt. Jack Gruber from the California Air National Guard, to his team to work out the technical issues, and it has been smoother sailing ever since, he said.

Sgt. Gruber's responsibilities can be really daunting; the site was, for a time, one of the 300 busiest Web sites in the world.

"The site has had more than 29 million hits," Gen. Tonini said. "That's pretty staggering. We're working with new technology - we're one of the first Air Force sites to use 'dot-net,' which is an Internet operating system that is very leading-edge."

A team of six people works the program, managing the technology and "customer service" liaison between the airmen who request pins and the parents who receive them -- as well as the thousands of letters and pins sent to employers.

The program will soon inform family members, employers and community leaders during times of mil-



itary deployment, the general said.

"The overall YGOF program will be tied to air and space expeditionary force deployment schedules," he said. "When people are scheduled to deploy, we will press very hard to make sure they have the communications and outreach support they need in order to be successful."

"In its broadest terms, it's an outreach program," Gen. Tonini said. "The message we give is, we consider each of the constituencies as our partners. We can't do our job without their support. They are full partners in the global war on terror."

The work is important because without support from the home front, deployed airmen face a domino effect of issues that may lead to those airmen separating from the service, Gen. Tonini said.

"The program is working and it does what we were looking for it to do," Gen. Tonini said. "We know there are parents out there who proudly wear the pin to church, the store or meetings, and every other time they have an opportunity to brag on their son or daughter. That represents a swelling support for the work of the Air Force all over the world."

Airmen may request up to two parent pins and letters to be sent to either their parents or people they view as parental figures, Gen. Tonini said.

To participate in the program, visit:

www.yourguardiansoffreedom.com.

"Everyone has someone they want to recognize," he said.

"The person who gets the pin will feel an amazing attachment to the work you do."

(Courtesy of Air Force Print News Service)



Action Line
747-4522

The Action Line is your avenue for information about events and activities on and around the base. For questions about current events or rumors, please leave a message.

100%
Mission effectiveness rating

7
DWI-free Days



Col. Keye Sabol
319th Air Refueling Wing commander

Editorial staff

Col. Keye Sabol	_____	Wing commander
Capt. Patricia Lang	_____	Chief, public affairs
Staff Sgt. Monte Volk	_____	Chief, internal information
Senior Airman Joshua Moshier	_____	Managing editor
Senior Airman Jathzed Fabara	_____	Staff writer

Editorial policy

The Leader is published by the Grand Forks Herald, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the 319th Air Refueling Wing. This civilian enterprise Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of The Leader are not necessarily the official views of, or endorsed by, the U.S. Government, Department of Defense, or the Department of the Air Force.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by DOD, the Department of the Air Force, or the Grand Forks Herald of products or services advertised.

Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, martial status, physical handicap, political affilia-

tion, or any other non-merit factor of the purchaser, user, or patron.

♦**Deadlines** -- Articles: Due by noon Thursday the week prior to publication. For any questions about submissions, call The Leader staff at 747-5019.

♦**Contact information** -- E-mail: leader@grandforks.af.mil, Phone: 701.747.5023

♦**Public Affairs** -- Editorial content is edited, prepared, and provided by the 319th ARW public affairs office. Copy submitted for publication is edited to conform to the Associated Press Stylebook and for length.

♦**Advertisements** -- Call the Grand Forks Herald at 701.780.1275 before noon Tuesday.

Anthrax vaccine moves into clinical trials

By Karen Fleming-Michael
Special to the American
Forces Press Service

FORT DETRICK, Md. -- The next-generation anthrax vaccine, based on a decade of work at the U.S. Army Medical Research Institute of Infectious Diseases, is now moving into not one, but four clinical trials.

The group at the institute did the leg-work for the current vaccine candidates by singling out which protein in *Bacillus anthracis* -- the bacterium that causes anthrax -- signals the body to produce immunity to the disease.

Early studies established definitively that the protein called "protective antigen" was just the component the vaccine would require, said Dr. Arthur Friedlander, a senior scientist at USAM-RIID who directed the group's long-term effort. After discovering the protein, researchers took the gene that codes for protective antigen and used recombi-

nant DNA technology to try to produce the protective antigen in three expression systems: bacteria, yeast and viruses.

Ultimately, the team found bacteria was the best for producing the protein, and decided to grow the protective antigen in a non-disease causing strain of *B. anthracis*. The resulting recombinant protective antigen, or rPA, should provide a high degree of safety in a vaccine because it's just one building block, a single protein of the organism that can produce an immune response.

Researchers then proved it was effective in the best animal model available, the non-human primate. "What we did was identify it, purify it to a very high degree and showed that this protein by itself was protective in the most relevant animal model of human inhalational anthrax," Friedlander said.

To date, two clinical trials that use the *B. anthracis*-based rPA are underway. VaxGen, based in Brisbane, Calif., started its clinical trials at Baylor College of Medicine, Texas; Emory University School of Medicine in Atlanta; Johns Hopkins University in Baltimore and Saint Louis University Health Sciences Center. The test is under a contract from the National Institute of Allergy and Infectious Diseases.

AF Honor Guard visits Monday



Photo by Staff Sgt. Scott T. Sturkol

The United States Air Force Honor Guard training team will be visiting the base July 14-18 from 7:30 a.m. to 4:30 p.m. in Bldg 523. If you're interested in participating in this training program or want to know more about the base honor guard, please contact Tech. Sgt. Ken Clere at 747-4513.

Public Notice: Fire station, tower/RAPCON facility construction

In accordance with the National Environmental Policy Act of 1969 and the Council on Environmental Quality regulations implementing NEPA, an environmental assessment has been prepared to analyze the potential environmental consequences of constructing a new fire station, air traffic control tower, and radar approach control on base.

The Air Force proposes to demolish the old fire station and ATC tower, and implement environmental controls during construction and demolition activities to protect the environment.

The draft EA and draft finding of “no significant impact,” dated July 2003, are available for review at the Grand Forks Public Library, 2110 Library Circle, Grand Forks.

Public comments on the EA will be accepted through July 31. Written comments on the EA should be directed to Ms. Heidi Durako, 319th Civil Engineer Squadron environmental analysis, 525 Tuskegee Airmen Blvd., Grand Forks Air Force Base, N.D., 58205. Ms. Durako can also be contacted vis facsimile at (701) 747-6155, or e-mail at heidi.durako@grandforks.af.mil.

Public Notice: Construction of addition to multi-use trail system

The base has proposed the construction of an addition to the multi-use trail system.

An environmental assessment has been conducted

and a finding of “no significant impact” has been determined for the action.

To view the support documents to this action, call the 319th Air Refueling Wing public affairs office within the next 8 days at 747-5017.

Limited testing

No CLEP or DANTES testing will be available from July 14 through 29.

For members enrolled in professional military education courses or distance learning courses, two sessions have been set up to accommodate them. Times and dates are 1 p.m. July 15, and 8:30 a.m. July 22.

For details, call 747-3316 or 747-3317.

New York ANG vacancies

The 109th Airlift Wing, Scotia, N.Y., has traditional Guard vacancies in the following career fields: 2A3X3, 2A5X1, 2A6X2, 2A6X4, 2A6X6, 2A7X1, 2A7X3, 2E1X3, 2F0X1, 2T0X1, 2T1X1, 3E0X1, 3E3X1, 3E4X1, 3E9X1, 3S0X1, 3S1X1, 3M0X1, 3P0X1, 4A0X1, 4A2X1, and 6F0X1, as well as full-time active duty opportunities in 2A5X1.

For details, call Master Sgt. Wesley Ryerson at (800) 524-5070, or (DSN) 344-2456. Sgt. Ryerson can also be reached via e-mail at wesley.ryerson@nyscot.ang.af.mil.

OPSEC tip

OPSEC is a five-step process:

- 1. Identify critical information

- 2. Analyze the threat
- 3. Analyze the vulnerabilities
- 4. Assess the risk
- 5. Apply countermeasures

OPSEC is a process that involves thinking about the above five items. It is not a simple checklist.

Virtual out-processing

The internet based virtual out-processing started May 1 for military personnel retiring, separating or makin a permanent change of station.

Access to the Virtual Military Personnel Flight or to the base Local Area Network is required to complete the out-processing.

Anyone who received their briefing from out-bound assignments, retirement or separations before May 1 still uses the paper copy of the out-processing checklist unless their “final out” is on or after Oct. 1.

If you want to be included as an agency for members to out-process through using vOP, please provide written justification to either base administrators 2nd Lt. Erica Foster or Tech. Sgt. Deron Warman via official memorandum with your agency chief’s signature.

The following information is required in each memorandum: name, rank, unit, office symbol, sufficient reason for being added to vOP checklists, evidence to support this reason, requester’s signature, and a duty phone number.

For details, call Lt. Foster at 747-3165.

Unsafe choice kills two airmen

By **Erich Ziehmer**

U.S. Air Forces in Europe Safety

RAMSTEIN AIR BASE, Germany - People may think “it’s not going to happen to me,” but they need to think again. No one is immune; preventable vehicle crashes happen all the time, according to safety officials here.

Automobile crashes do not mean just cuts, bruises and broken bones. They can mean permanent disfigurement or worse.

They can mean death, as in the case of two U.S. Air Forces in Europe airmen.

A typical night of fun for the victims was to go to a local bar and play pool. After the bar closed, they would go to a nightclub to further socialize until it closed the next morning. Then they would go to breakfast and return home to sleep.

One particular weekend, the driver went out on a Friday night to play pool and socialize. After sleeping a short time Saturday morning, he went back out with friends and repeated these activities.

The driver and his passenger were returning home when the vehicle drifted across the roadway and crashed almost head-on into a tree. Both died.

The driver was found to have a blood alcohol content of .21; the passenger's BAC was .24.

Both readings were more than twice the legal limit. This mishap was not only preventable, it was predictable.

Safety office files are full of mishaps involving people with high-risk lifestyles. Major command and Air Force safety offices repeatedly publicize the dangers of fatigue, impaired driving, speeding, traffic conditions and environmental factors that lead to accidents. Some Air Force people are not learning from the mistakes of others.

Sometimes people forget there are facets of their lives that they have direct control over. Although airmen are on-call 24-hours a day, they are free to choose, within limits, how they spend off-duty time.

A person’s choice of lifestyle can influence other facets of their life, such as operating a vehicle. This influence directly affects the likelihood of being involved in a vehicle accident.

For example, when someone decides not to drive while impaired or fatigued, that reduces their mishap potential.

When people take unnecessary risks such as drinking and driving, it increases the chances of being involved in a crash and endangering others.

Safety officials suggest the following ways to reduce the chances of being in a vehicle crash:

- ▶ Practice safe behaviors. Do not drink and drive;

take a taxi, use a designated driver or use the Airman Against Drunk Driving program.

- ▶ Do not speed. Obey traffic laws. Adjust for road and weather conditions. Allow enough time and leave an appropriate stopping distance between vehicles.

- ▶ Do not drive aggressively. Be courteous to other drivers.

- ▶ Do not drive while tired. When traveling long distances, plan the trip to include rest stops and breaks. Stop when needed and avoid marathon driving.

- ▶ Do not drive distracted. Leave the cell phone and other gadgets alone. Focus on driving.

- ▶ Use personal protective equipment. Buckle up and use proper child safety seats, booster seats or restraints. Always wear motorcycle protective equipment.

- ▶ Drive defensively by watching out for the other guy. If one driver can cause a crash, then one driver can prevent one.

- ▶ Practice risk management in planning and executing the trip. If someone thinks it is unsafe, then it probably is unsafe.

Driving requires concentration, perception and judgment. Do not compromise safety for a moment. Before the key goes into the ignition, before the gear goes into drive, make sure all the risks have been weighed. *(Courtesy of USAFE News Service)*

Changes made to travel voucher procedures

By **2nd Lt. Dustin Hart**

Air Mobility Command Public Affairs

SCOTT AIR FORCE BASE, Ill. - Air Mobility Command personnel who return from travel after July 15 will notice two changes to the way they file their travel vouchers, according to AMC finance officers.

Beginning on this date, all Air Force-filed travel vouchers will have to be reviewed and signed by the traveler’s supervisor or approving official, said Col. Tony Levy, AMC Comptroller’s chief of Programs and Analysis Division. In addition, split disbursement payments will be mandatory for military members who put charges on their government travel card and highly encouraged for civilian personnel.

Col. Levy said the supervisory review and signature has been Department of Defense policy for two years. The Air

Force was the only service that didn’t implement the policy because it was waiting for automated systems to allow electronic routing of the forms.

“Supervisory review is not a new requirement, but it is new for the Air Force,” he said. “This puts us in compliance with (Office of the Secretary of Defense) policy from several years ago and prepares us for the automated travel systems of the future, like the Defense Travel System.”

The DTS is an electronic routing program that is being gradually implemented at AMC bases, starting with Fairchild AFB, Wash., in August. It will allow members to work directly with their supervisors and approving officials to electronically file their travel vouchers.

“While there may be a small administrative burden today, as we implement DTS, supervisory review, split disbursement and travel processes will be auto-

mated on the Web and be electronically processed similar to LeaveWeb,” Col. Levy said.

Mandatory split disbursement is also not a new policy to many AMC members. Most AMC wing commanders have already implemented this policy in an attempt to reduce late payments and delinquencies on the government travel card, he said. This change makes the disbursement payment mandatory throughout the Department of Defense.

When a travel voucher is filed through split disbursement, finance offices will first pay the charges on the government travel card bill and then pay the leftover amount to the traveler.

Maj. Dick Fulton, AMC Comptroller’s chief of financial services, said the split disbursement policy pays multiple benefits. It also increases the amount of money that is paid back to the wings through bank rebates.

“The key thing is to reduce the penalty payments,” Maj. Fulton said. “This increases the amount of money in the Air Force pocket, which increases the quality of life for everyone as that money is able to be spent on individual programs.”

Last year, AMC received \$207,000 in bank rebates, he said. Rebates for this year are expected to be higher as split disbursement is made mandatory and the amount of late payments decreases.

In addition to increasing the rebate benefits from the credit card companies, the mandatory split disbursement policy will also help ensure AMC members stay mission ready and able to deploy “at a moment’s notice,” Col. Levy said.

“When members are delinquent and have their cards cut off, it causes issues when they are ready to deploy,” he said. “In essence, if I wanted to deploy someone, the whole process is delayed if the card is bad.”

Roche will receive 'Order of the Sword'

By Tech. Sgt. Carl Norman
Air Force Materiel Command Public Affairs

WASHINGTON - Air Force noncommissioned officers will bestow their highest honor on the secretary of the Air Force as they induct him into the service's Order of the Sword on Sept. 13 at Andrews Air Force Base, Md.

Dr. James G. Roche received word of his induction during the recent Town Hall Meeting at the Air Force Museum at Wright-Patterson AFB, Ohio, on June 5.

During the meeting, Dr. Roche, Air Force Chief of Staff Gen. John P. Jumper and Chief Master Sgt. of the Air Force Gerald R. Murray fielded questions from 300 people about various Air Force issues.

As closing discussions focused on Dr. Roche's pending nomination to become Secretary of the Army, Chief Murray told the secretary all the Air Force command chiefs contacted him and wanted him to pass on a message.

"Mr. Secretary, we absolutely cannot believe that your nomination will not go forward, and we recognize that you'll soon be leaving to become the Secretary of the Army," Chief Murray said. "We are envious of the Army, but are thankful for the time we've had you as secretary.

"In this forum today, I would like to request that you join the enlisted men and women of the United States Air Force on the occasion to be inducted into the United States Air Force Order of the Sword in a ceremony."

Pushing his glasses to the top of his

head and wiping tears, Dr. Roche accepted an Order of the Sword plaque from Chief Murray and said he was truly honored with the induction invitation.

"This is something I would not have expected - I didn't think I had worked long enough or hard enough to ever come near to earning this," he said. "Thank you all very much; you'll always be in my heart."

Reflecting on Dr. Roche's time as Air Force secretary, Gen. Jumper said the service has never had a secretary who has cared more about people.

"When I say our people, I mean every kind of person - military or civilian, (Air National) Guard or Reserve, minority or majority or those who feel they've not been cared for or are on the back burner of the Air Force," Gen. Jumper said. "The secretary has managed to be out there in touch with every one of those groups. If the nomination (to become secretary of the Army) does come through, we'll support (our) new secretary with all the vigor we always do, but there will be a big empty spot in our hearts for Secretary Roche."

Historical records show that the Order of the Sword started unofficially in the 1500s. In 1522, King Gustavus the First of Sweden enjoined the noblemen he commissioned to appoint officers to serve him -accountants, builders, craftsmen, teachers, scribes and others responsible for conducting the ordinary daily



Dr. James G. Roche, Secretary of the Air Force

affairs of the kingdom.

The system worked so well it was incorporated into the Swedish army as a way to establish and maintain a cohesive, disciplined, well-trained force to protect lives and property in the kingdom. These ancient NCOs would honor their leader and pledge their loyalty by ceremoniously presenting him with a sword.

The sword, a symbol of truth, justice and power rightfully used, served as a token for all to see and know that here was a "leader among leaders" and a "man among men." This ceremony

became known as the "Royal Order of the Sword."

It was passed through the ages, coming to America about the time of the Revolutionary War. It lay dormant for many years.

The only known instance of its use was in the 1860s when Gen. Robert E. Lee was presented a sword by his command.

U.S. Air Force NCOs revised and updated the "Royal Order of the Sword" ceremony and adopted it in 1967.

(Courtesy of Air Force Print News Service)

Base chapel

CATHOLIC:

Mass: 5 p.m. Saturday, 9 a.m. Sunday, Sunflower Chapel.

Daily Mass: Tuesday through Friday 11:30 a.m. Sunflower Chapel.

Reconciliation: 4 p.m. Saturday, or by appointment, Sunflower Chapel.

PROTESTANT:

Traditional worship: 10:30 a.m. Sunday, Sunflower Chapel.

Contemporary worship: 6 p.m. Sunday, Prairie Rose Chapel.

Young Adults: 6 p.m. Friday, Chaplain Swain’s home, 747-4359.

Men of the Chapel Bible Study: Noon Monday, Prairie Rose Conference Room.

JEWISH:

For details call Sheila Farquharson at 594-3960 or Synagogue B’nai Israel at 775-5124.

RUSSIAN/EASTERN ORTHODOX:

For details, call Dr. Levitov at 780-6540.

MUSLIM, BUDDHIST, OTHER:

For details, call 747-5673.

Base theater

July 11, 7 p.m.

Bruce Almighty (PG-13)

Bruce Nolan (Jim Carrey) is a whiny TV news reporter whose human-interest stories don't interest him at all. His girlfriend (Jennifer Aniston) loves him despite his negative take on the world. But when Bruce is fired, he asks once again why God has decided to give him so much grief. It turns out that God (Morgan Freeman) is disguised as a janitor and is tired of hearing Bruce's complaints. The almighty offers Bruce his all-encompassing job, giving him absolute power for one week in the hopes of proving to him how tough it is to run the world.

July 12, 1 and 3:30 p.m.

Finding Nemo (G)

This film from Pixar (Monsters, Inc.) is the story of Nemo (Alexander Gould), a curious young clownfish who has been taken from his home in Australia's Great Barrier Reef and winds up in the office fish tank of a dentist in Sydney. It's up to his shy father, Marlin (Albert Brooks), and Marlin's friend Dory (Ellen DeGeneres) to find him.

July 12, 7 p.m.

The In-Laws (PG-13)

In this remake of 1979's The In-Laws, two fathers (Michael Douglas and Albert Brooks) about to be joined as opposite fathers-in-law embark on an adventure in South America just before the big wedding of their children. Douglas' character is a CIA agent and Brooks' character is a podiatrist.

July 13, 7 p.m.

The Italian Job (PG)

****All tickets cost \$1.50 for this showing***

In this remake of the 1969 British caper, Mark Wahlberg plays Charlie Croker, a career criminal who heads a crew masterminding a massive gold bullion heist in Venice, Italy. But the gang is double-crossed by inside man Steve (Edward Norton), who makes off with the loot. With the help of a gorgeous safecracker (Charlize Theron) whose father (Donald Sutherland) was part of the old crew, the team plots payback. Their plan is to steal Steve's safe, which holds the gold, and to escape by messing with the stoplight system in Los Angeles, thus creating the largest traffic jam in the city's history and allowing them to flee in their fleet of Mini Coopers.

July 18, 7 p.m.

2 Fast 2 Furious (PG-13)

July 19, 3 p.m.

Dumb and Dumberer (PG-13)

July 19, 7 p.m.

Down With Love (PG-13)

Tickets: \$1.50 children, \$3 adults

For details, call 747-3021/6123.

Community

Today



CLUB DINING:

Tonight's special at the Northern Lights Club is rib eye steak for \$7.95 from 5:30 to 8 p.m. The Frontier Grill menu is also available.

VALLEYFAIR TRIP: Register by today for outdoor recreation's trip to Valleyfair Monday. Cost is \$40 and includes transportation and admission to the park.

Transportation departs from outdoor recreation at 5 a.m. and returns the same evening around midnight.

For details, call outdoor recreation at 747-3688.

CHEERLEADING CAMPS: Register by today for the youth center's cheer-leading camp Monday through July 18.

Ages 6 to 9 attend camp from 9 to 10:30 a.m. each day, and ages 10 and older attend from 10:30 a.m. to noon each day.

Cost is \$10, and class sizes are limited to 15 people.

SMOOTH MOVE: The Family Support Center is holding its "smooth move" seminar from 8:30 a.m. to noon. This relocation class assists military members

and their families in preparing for permanent change of station.

Speakers include the Travel Management Office, Legal, TRICARE, Exceptional Family Member Program, Finance, Military Equal Opportunity, FSC, Family Housing Office, and the Veterinarian Office.

For details, call 747-3241.

Saturday

VIDEO NIGHT: The youth center is holding a video night for ages 9 to 12 from 8 to 10 p.m. Cost is \$1 and includes popcorn.



CLUB KARAOKE:

The Northern Lights Club offers Karaoke from 10 p.m. to 3 a.m.

CLUB DANCING: The Northern Lights Club offers dancing from 10 p.m. to 3 a.m. Dance to club mix music with "DJ 'C.'"

YOUTH GALAXY BOWLING:

Dakota Lanes offers galaxy bowling for ages 9 to 12 from 6 to 8 p.m. and ages 13 to 15 from 8 to 10 p.m.

Cost is \$2.50 per hour and 75 cents for shoe rental.

There must be at least 10 participants to hold this event. Register at the youth center to attend.

Sunday



SUNDAY BRUNCH:

The Northern Lights Club is holding Sunday brunch from 10:30 a.m. to 1:30 p.m. Cost is \$9.95 for adults, \$5.95 for children ages 5 to 12, and free for children 4 and younger.

Monday

CANDY BINGO: The youth center holds candy bingo every Monday for ages 6 to 12 from 5:30 to 6:30 p.m.

SPONSORSHIP TRAINING: The Family Support Center is holding sponsorship training from 9:30 to 11:30 a.m. This is a one-hour overview of the newest resources followed by a facility tour.

For details, call 747-3241.

Tuesday

TEENSUPREME MEETING: There is a TeenSupreme meeting every Tuesday for ages 14 to 18 from 9 to 10 p.m. at the Liberty Square teen center.

For details, call the youth center at 747-3150.

DINNER, MOVIE: Register by Tuesday for the youth center's "dinner and a

movie" July 18 for ages 13 to 18 from 8 to 10 p.m. Cost is \$2.15 and includes soda, chicken nuggets and fries.



TORCH CLUB

MEETING: There is a Torch Club meeting at the youth center every

Tuesday for ages 11 to 13 from 8 to 9 p.m.

For details, call the youth center at 747-3150.

BUSINESS STARTING SEMINAR:

The Family Support Center is holding a "starting your own business" seminar from 9 a.m. to noon. This class discusses the business plan, financing, marketing and keeping records.

For details, call 747-3241.

EDUCATION PLANNING: The Family Support Center is holding a "planning for your child's education" seminar from 1 to 3 p.m. Topics will include 529 plans, Coverdell Education Account, savings bonds, tax implications, the effect on student aid, web resources and more.

For details, call 747-3241.

CHESS, CHECKERS

TOURNAMENTS: The youth center is holding a chess and checkers tournament for ages 9 to 12 at 5:30 p.m. and ages 13 to 18 at 7 p.m.

Community

Wednesday

WINNIPEG ZOO TRIP: Register by Wednesday for outdoor recreation's trip to the Winnipeg Zoo July 19. Cost for transportation is \$15.50 for adults, \$25 for a family of two, \$37.50 for a family of three and \$45 for a family of four. Zoo admittance is \$7.50 Canadian for a family, or \$3 Canadian for general admission.

Transportation departs from outdoor recreation at 8 a.m. and returns the same evening at 10 p.m.

For details, call outdoor recreation at 747-3688.



PARENT ADVISORY MEETING: The next parent advisory meeting is scheduled for July 16 at 4:15 p.m. at the child development center. Lynda Alerding will be the guest speaker and will be discussing car seat safety.

FAMILY READINESS SEMINAR: The Family Support Center is holding a family readiness and personal preparedness seminar from 2 to 3:30 p.m. This class is for individuals and family members preparing for temporary duty or remote

assignments and meets the pre-deployment briefing requirement.

For details, call 747-3241.

MANCALA TOURNAMENT: The youth center is holding a Mancala tournament for ages 9 to 12 at 6:30 p.m. and ages 13 to 18 at 8 p.m.

Thursday

DOLLAR LUNCH DAY: The Northern Lights Club is offering roast beef and chicken for dollar lunch day. This price is for club member's only.

OPEN SKATING: Liberty Square is offering open skating for ages 6 to 18 from 3 to 5 p.m. Cost is \$2 for admission and \$1 for skate rental.

The teen center will not be open at these times.

TEEN STUDY GROUP: The youth center holds a teen study group every Thursday for ages 13 to 18 from 7 to 8 p.m.

Upcoming

GOLF CAMP: Register by July 18 for the youth center's golf camp July 21 through 25 for ages 9 to 12 from 9 a.m.

to noon each day. Cost is \$50, and class size is limited to 20.

For details on other summer camps offered, call the youth center at 747-3150.

PRETEEN DANCE: The youth center is holding a dance for ages 6 to 12 from 7 to 9 p.m. on July 19. Cost is \$5 and includes snacks and drinks.

The theme for this dance is "Red, White and Blue."

FRAMING WORKSHOP: The skills development center is holding a framing workshop July 19 from 10 a.m. to 5 p.m. Cost is \$20 and materials.

FUN BUS: The youth center's fun bus program will visit the playground at Sunflake Circle July 24 from 3 to 5 p.m. There will be games, arts and crafts, tournaments, and a variety of other summertime activities for school-aged youth available.

INTERNATIONAL PEACE GARDENS, ART EXHIBIT TRIP: Register by July 23 for outdoor recreation's trip to the International Peace Gardens July 26. Cost of transportation is \$15.50 for

adults, \$25 for a family of two, \$37.50 for a family of three or \$45 for a family of four.

Transportation departs from outdoor recreation at 7 a.m. and will return at approximately 9 p.m. that evening.



SUMMER BASH

PICNIC: Organizations or Individuals who wish to participate or volunteer

for the annual Around the World in Ninety Days Summer Bash should call Mrs. Linda DePaolo at 747-6483/3258.

This year's Summer Bash theme is "Proud and Free in 2003!" and is scheduled for Aug. 14. The Summer Bash is a base wide picnic filled with events for all ages. Watch for the schedule of events in July.

MILITARY APPRECIATION NIGHT: Rivercities Speedway, located at 2300 Gateway Drive, Grand Forks, is offering a military appreciation night Aug. 15.

Military members are eligible for buy-one-get-one-free tickets, which are available only at outdoor recreation. Cost is \$13 for adults and \$5 for children.

For details, call outdoor recreation at 747-3688.

On the road: One military family's vacation ride through eight different states and back

By Staff Sgt. Scott T. Sturkol
Public affairs

My family is probably not much different from any other military family -- when you take a road trip for a vacation, you really take a road trip.

Our adventure this year in June took us from North Dakota to Vermont. This was a similar adventure my wife, two daughters and my son and I took to Vermont in July 2001. However, that time we went through Canada and didn't have any issues at the border with the United States and Canada as it was before the events of Sept. 11, 2001.

Because of the increased security at the border now, and the fact that we've never taken another way before, we decided to go south through Minnesota, Wisconsin, Illinois, Indiana, Ohio, Pennsylvania, New York and finally Vermont. Now that route is nearly 2,000 miles so obviously it can take a while in the car. Our travel plan was very simple -- take four days to drive there and four more to drive back. Along the way we planned to stop and see anything that was a "must see."

Our first day on the road we went from the base to Portage, Wisc. - approximately a 500-mile drive. We have family in that area and it is a good first day stopping point as Portage is a crossing area for three different interstates (90, 94 and 39).

On the second day, we drove to Wright-Patterson Air Force Base, Ohio, which is about another 500 miles from Portage. That night we stayed in billeting there for \$37 a night. We stayed in a temporary lodging facility that was more than adequate for our needs. It also gave us a chance to see one of the Air Force's largest bases. Besides being home to the Air Force Museum, the base also has a large medical center and is spread out over many, many acres. It was definitely worth stopping there.



Photo by Staff Sgt. Scott Sturkol

The second night of the trip was spent at Wright-Patterson Air Force Base, Ohio. As a military family, it's always nice to see what other military bases look like.



Photo by Staff Sgt. Scott T. Sturkol

One of the biggest highlights of the trip was a stop at Niagara Falls State Park in New York. There, at the oldest state park in America, we were able to see the ageless wonder of the falls.

Our third day took us out of Ohio heading northeast through Pennsylvania and New York. Our goal that day initially was to get to Fort Drum near Watertown, N.Y., but we decided to make a pit stop at Niagara Falls and see the sights. It's just one of those things we couldn't pass up. Seeing the falls was a lifelong dream for both myself and my wife. I'd certainly recommend it to anyone heading that way to take the time and see it. That night we camped at the Four-Mile Creek state campground just northeast of Niagara Falls next to Lake Ontario.

On our last day of driving, we made a stop at Fort Drum and proceeded through the Adirondack National Park to Plattsburgh, former home of Plattsburgh AFB, where we took a ferry

across Lake Champlain to Vermont. Driving through northern New York is one of the most breathtaking drives you can take, particularly through areas of Highway 3 through the heart of the Adirondack Park.

While in Vermont, we did a host of activities

including touring an ice cream factory, a teddy bear factory, fishing, visiting a large museum in Shelburne and the home of nationally-known potter Robert Compton, picking strawberries, and just having fun. Vermont is home to the Green Mountains and as you can imagine, with a 200-plus year history, it is a place that is very scenic and has a lot to see. The added



Photo by Staff Sgt. Scott T. Sturkol

At a rest stop in Indiana, the family van shows the look many military family vehicles see in the summer.

bonus of having my daughter, son-in-law and grand-

- See ROAD, Page 11

- ROAD, from Page 10
daughters living there made the trip that much better.

After nearly a week-and-a-half in Vermont, we started our way back to North Dakota and another four days on the road. Our first day brought us south of Lake Champlain back into New York where we took a variety of two-lane highways back through the mountains where we eventually stopped at Sampson State Park on Seneca Lake.

The park, formerly known as Sampson Air Force Base, was once a northern basic training base for the Army, Air Force and Navy during World War II and the Korean War. It closed as a base in 1956. Now, as a park, it hosts hundreds of very nice camping areas along with the beauty and shores of Seneca Lake right there. There’s also a military museum there along with many old areas of the base. It really gives you an idea of what military bases looked like 50 years ago.

Our second day coming back we went from New York, back through Pennsylvania, through Cleveland and the rest of Ohio and into northern Indiana



Photo by Staff Sgt. Scott Sturkol

The views you see on the road can be beautiful at times. Here, on the road in Vermont, you can see the Green Mountains in the distance.

where we stopped at Pokagon State Park to camp for the night. Located just a few miles off the interstate highway, the park is run by the Indiana Department of Natural Resources and offers a variety of activities including horse-riding, an inn and restaurant and more. We got there a little later in the day so we weren't able to do too much, but we did have a campfire and had a lot of fun.

The third day we braved Chicago traffic and made it to Portage, Wisc., once again and the last day brought us back through Wisconsin and Minnesota and back to North Dakota. The trip was very

enjoyable all the way through and certainly it made a difference on what our experience of what this great country of ours is all about.

During the trip we planned most of our stops and left plenty of wiggle room to be flexible with things that came up outside our original plans - such as our stop at Niagara Falls. Also, because we were doing a lot of driving, we stuck to the speed limits, wore our seatbelts, and played it safe. After all, a vacation is no

fun if you're dead.

We probably could have made it to Vermont in two or three days, but that wouldn't have given us a chance to stop and smell the roses.

For anyone who travels during the remainder of this summer in such a manner as we did, I would advise you take the time to enjoy the ride. Getting there and coming back can be just as enjoyable as being at your final destination.

Happy travels!

About some of the places we visited

Portage, Wisc.

In 1836, the Wisconsin Territory was created and included the county of Portage, centered around Fort Winnebago, now the modern city of Portage. The city is located about 40 miles north of the state capitol of Madison and hosts a variety of businesses and activities.

Wright-Patterson AFB, Ohio

Home to the Air Force Museum, Wright-Patterson AFB, near Dayton, Ohio, is one of the nation's most important military installations. The base has a rich aviation heritage. The base is headquarters for a vast, worldwide logistics system, a world-class laboratory research function, and is the foremost acquisition and development center in the U.S. Air Force.

Niagara Falls State Park, N.Y.

Tourism travel to Niagara Falls began in the 1820s and within 50 years it had increased ten-

fold to become the area's dominant industry.

Niagara Falls State Park is a place with a rich history and is America’s oldest state park.

Burlington, Vt.

Located on the eastern shore of Lake Champlain between the Adirondack and Green Mountains, Burlington is Vermont's largest city. The town and the area features many attractions and is consistently ranked in the nation’s top places to live, visit, work and do business.

Sampson State Park, N.Y

Sampson State Park was once a naval training station, then an Air Force base before becoming a state park. Military roads and buildings have been replaced with grasses, wildflowers, shrubs and trees. The focal point of the park is the 123-berth marina for boaters on Seneca Lake. There are 309 campsites plus many other recreation areas.

Compiled from reports



Airman 1st Class Jennifer Blaser, air traffic controller, looks out at the skies at over 130 feet off the ground in the air traffic control tower.

Photos by Senior Airman Joshua G. Moshier

Watching the skies

Tag-team of tower, RAPCON personnel help keep planes flying, accidents away

By Senior Airman Joshua G. Moshier
Public affairs

Seated in a room with only a subtle green and yellow glow from monitors serving as light, the air traffic controller makes his first communication with the pilot 40 miles away and 10,000 feet above the ground.

He gives the pilot local weather conditions, traffic patterns and other information to assist him in guiding the plane to its intended destination. They maintain communication for roughly 35 miles.

Now, within five miles and eyeshot of the landing strip, the pilot hears another voice. This time, it's the air traffic controller from the tower overlooking the airfield. The voice from the tower is directing traffic into the airfield, juggling several planes all preparing to land.

Once the pilot has safely landed his airplane and taxied to his designated parking space, the communication ends. He may or may not ever see the faces that helped guide him along the way, but the trust he put in those voices to keep the skies safe and bring him to his destination has proved itself again.

The tower and radar approach control or RAPCON, are two very important pieces of the flying puzzle. The RAPCON controllers proved just how good they were this past year as they were named Air Mobility Command's D. Ray Hardin Air Traffic Control Facility of the Year.

The Grand Forks team set an AMC record last year with 129,398 operations, controlling 4,200 square miles of airspace. In addition to record base operations of more than 28,000 flying hours, the controllers were also responsible for the Grand Forks International Airport's Class D airspace, ranked within the 50 busiest in the country, and University of North Dakota Aerospace Program student pilots.

The pilots appreciate the service the tower and RAPCON provide.

"I think they are as important to the team as the maintainers and weather flight," said

Capt. Glenn Rineheart, 906th Air Refueling Squadron executive officer. "We simply can't do our job without them.

"We know whenever we fly, they are watching out for our safety."

"They are like cops," Capt. Roy Evert, 911th ARS co-pilot said. "You know they are out there doing their jobs, but when you get into some bad weather, they become invaluable and they're always there when you need them.

"They help out most in air traffic avoidance, especially in Grand Forks' busy airspace filled with UND student pilots and crop dusters."

According to Master Sgt. Phillip Davis, 319th Operation Support Squadron RAPCON chief controller, the RAPCON is responsible for controlling aircraft between five and 40 miles and at between altitudes from the surface to 10,000 feet.

The tower takes over when aircraft are within five miles and between altitudes from the surface to 2,500 feet. RAPCON traffic is made up of approximately 89 percent civilian aircraft, which poses no problem for military members since military and civilian procedures for Federal Aviation Administration and military controllers are identical.

To make their jobs easier and bring them up to date with current technology, the tower and RAPCON is anticipating equipment upgrades, including an approximately \$7 million co-located tower and RAPCON facility. New digital radar scopes will bring the base to par with new FAA and Air Force standards. Also, a new transponder will allow pilots flying in the same area to identify one another on their radar while under the control of the RAPCON. All of this new equipment is also expected to have maintenance upgrade capabilities.

"Basically, the office space we have now is inadequate," said Capt. Samuel Robbins, 319th OSS airfield operations officer. "Our current tower cab is 260 square feet, and the new Air Force standard is 600 square feet, so we currently have less than half the space we need."

Required training for the career field is extensive, as one might imagine.

According to Sergeant Davis, following four to five months of technical school, new airmen must complete about 14 months of on-the-job training focusing on book knowledge and computer-simulated programs before dealing with live traffic on their own.

"The simulation system allows airmen to see realistic scenarios before being faced with live traffic," Captain Robbins said.

Once on the job, many troops take a great pride in their Air Force contribution and enjoy their job.

"I like that it's continuously changing," said Senior Airman Jared Stutsman, 319th OSS air traffic controller. "No two situations are ever the same. It can be challenging to the mind, and I like figuring out complex problems."

Tech. Sgt. Kelly Wek, 319th OSS air traffic controller, said, "I enjoy the camaraderie. We're a tight-knit group. When you're put in high-stress situations, just by nature it bonds everyone together."

When stressful situations arise, that's when the training and experience kicks in, Sergeant Wek said.

"Initially, you go on auto-pilot and do what needs to be done," he said. "If a plane is having difficulty, you have to work on helping that pilot, but you have to remember there are 15 other planes in the sky depending on us. The stress kicks in when it's all over."

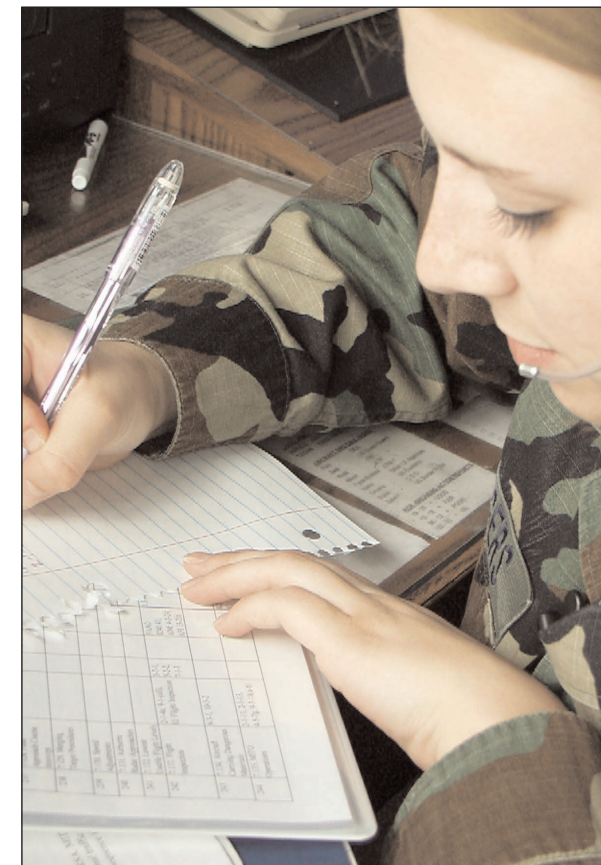
However, it's that stressful environment that often reminds air traffic controllers how valuable they are.

"When I was deployed for Operation Enduring Freedom, it was the first time in my career that I really felt like a part of the Air Force mission," Sergeant Wek said. "In Saudi Arabia, we were more like a border control, but for Enduring Freedom, we were there helping do what the Air Force is here to do -- protect our country.

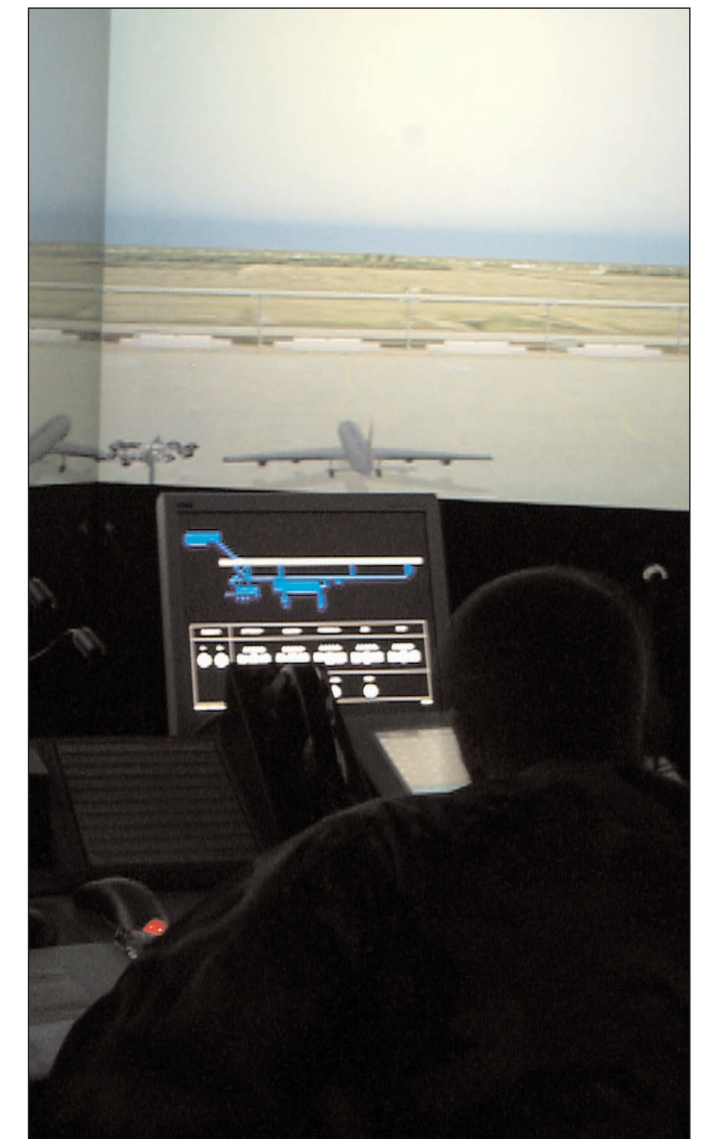
"That's when I thought, 'this is what I came into the Air Force to do -- serve my country.'"



Airman 1st Class Brett Garr watches the radar screen in the radar approach control facility.



(Above) Airman 1st Class Heather Rodgers, air traffic controller, works on paperwork in the air traffic control tower. Paperwork is a large part an air traffic controller's job. (Right) Senior Airman Sam Baldasano gets some practice on the air traffic simulator which provides realistic view of the Grand Forks Air Force Base flightline.



Brothers take down competition

*Kent Williams wins
National Greco-Roman
wrestling title, places
second in freestyle; Kyle
Williams finishes fifth*

**By Senior Airman
Joshua G. Moshier**
Public affairs

Hundreds of spectators surround the center mat. The air is thick and heavy, and the gym reeks of sweat. You feel your stomach floating inside you, and you can't keep from twitching and fidgeting as the anxiety of the moment engulfs you.

Shouts and screams from the crowd fill your head as you try to focus on the task at hand - wrestling.

Kent and Kyle Williams, sons of Tech. Sgt. David Williams, 319th Security Forces Squadron, appear to be on the right track toward excelling in the sport.

Kent, 12, won the national title in the Greco-Roman Novice Division and second place in the Freestyle Division at 70 pounds

during the Greco-Roman and Freestyle Wrestling National Championships in Enid, Okla., July 2 through 5.

Brother Kyle, 13, placed fifth in the Greco-Roman Schoolboy Division at 85 pounds.

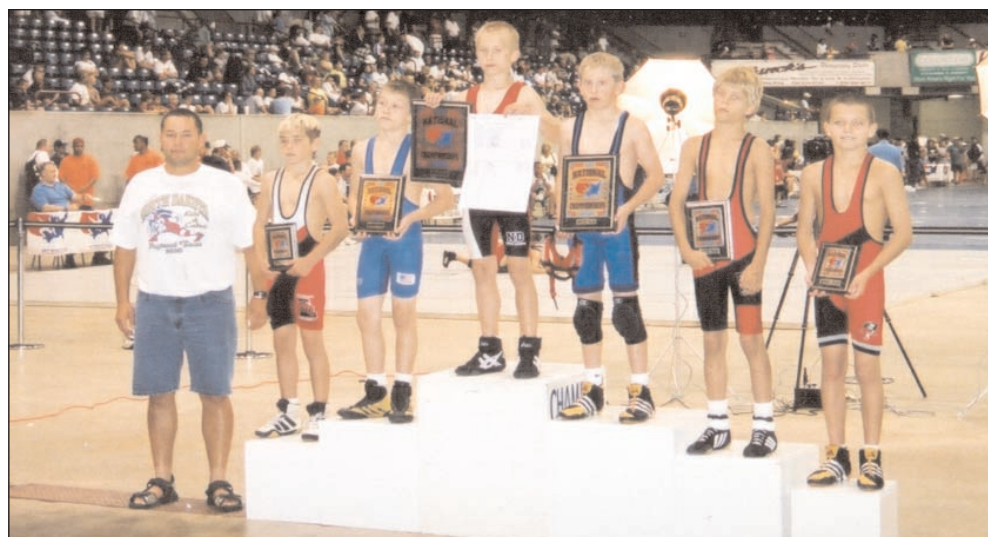
In order to qualify for the national tournament, each competitor had to participate in a regional tournament. Considering this was only the boy's third year of wrestling (whereas many successful wrestlers begin training as early as 5- or 6-years-old), their success had to be all the more satisfying.

"When we were stationed at Travis Air Force Base, my sons were both playing Pop Warner Football when the local high school wrestling coach asked if they'd ever thought about wrestling," Sgt. Williams said. "I was a little apprehensive at first, but they both said they would try it to see if they liked it."

The first year was trying for the Williams' boys, but they persevered.

"After their first year, neither of them wanted to continue," Sgt. Williams said. "I asked them to give it one more season, and if they didn't like it, they could give

-- see **WRESTLING**, Page 15



Courtesy photo

Kent Williams (center) accepts his plaque and tournament bracket after winning the Greco-Roman Wrestling Novice Division National Championship at 70 pounds in Enid, Okla., July 2 through 5. Kent also finished second in the freestyle division, while brother Kyle finished fifth in the Greco-Roman schoolboy division at 85 pounds.

Sports

-- WRESTLING, from Page 14

it up. They've never looked back."

In fact, the young grapplers have now learned to motivate one another in the ring.

"If I see Kyle do well, I have to do better," Kent said. "He's the same way with me."

That mutual feeling was apparent following their performances at nationals.

"I was really excited about winning the national title," said Kent. "It was a little unexpected because I had a rough week during the regional tournament and didn't place very high."

Kyle, despite finishing a very respectable fifth, had a different perspective.

"It was fun, but I could have done better," he said. "There were a couple matches I didn't really wrestle my best."

Still, that minor setback appears to only have added fuel to Kyle's competitive fire.

"I've only been wrestling for three years now," he said. "When I think of that, I just want to work harder and get better."

The brothers' father feels wrestling is also teaching them life lessons.

"I believe wrestling is the ultimate individual challenge," Sgt. Williams said. "It puts the responsibility to

Kent Williams won five matches, including a 15-5 technical fall in the final, to win the title in his division in Greco-Roman wrestling out of a field of 11. He also went 5-1 en route to a second place finish out of 13 boys in the freestyle division.

Kyle Williams finished fifth in Greco-Roman out of 18 boys in his division, and he also competed with 23 boys in the freestyle division.

Greco-Roman and freestyle wrestling are the styles used in the Olympic wrestling format. Greco-Roman wrestling prohibits grasping an opponent's legs to trip or hold an opponent, emphasizing upper-body strength. Freestyle emphasizes exposing an opponent's back to the mat.



Courtesy photos

Kent Williams attempts to lock in a hold during the Greco-Roman and Freestyle Wrestling National Championships in Enid, Okla., July 2 through 5 while his opponent tries feverishly to escape.

excel or succeed on each individual child. If they just want to wrestle locally, I will support them. If they want to accept the challenge and wrestle at the national level, I'll support them there as well.

"I personally feel that if they can face the challenges of wrestling head on, they will be able to accept and overcome any challenges they may face throughout life as well."

The sport of wrestling dates back to ancient Greece and the original incarnation of the Olympics. Some of the particulars have changed, but the goal remains clear - control your opponent and win by either pinning his shoulders to the mat, or score more points in the allocated time limit.



Kyle Williams locks up with an opponent at the national wrestling championships.